

JERUSALEM ARTICHOKE



The Jerusalem Artichoke is a native plant species which is often confused with sunflowers because of its tall stalks and golden yellow flowers. Jerusalem Artichoke flowers smell like chocolate, and the tubers (thick, bulbous roots) can be cooked like potatoes. In fact, if other food sources were scarce or if crops failed, people sometimes harvested Jerusalem Artichokes in the fall to eat through the winter months.